



STRONG
INTEGRATED BEHAVIORAL HEALTH, LLC

Insurance
Accepted

PARENT SUPPORT GROUP

Struggling to manage your stress and parent right now?

Join us for a supportive, nurturing group focused on giving parents some time to focus on themselves and their needs during this chaotic time.

Group meets weekly for 1 hour.

WEDNESDAYS, 10 AM- 11 AM

Facilitated by:
Lyn Marx, MS, LPC

For more information or to
sign up, call 541-393-5983